

CHRIST CONSCIOUSNESS: The Way To Become ONE IN GOD



An Introduction by Bishop Ralph Napierski:

Bishop of the Catholic Church and in Union with the Roman Catholic Church



This brochure contains a wonderful gift; an ancient christian meditation technique that will improve your health, add to your life, and raise your spirit. It is a key to unlocking Christ Consciousness, and you can use it as soon as you finish reading this brochure.



Bishop Ralph Napierski

But first, allow me to say, **WELCOME!**

With this brochure you receive a great gift that has been sent from God.

It is an ancient meditation technique that will bring many good things to your life.

You receive in this brochure an explanation of the basic practice.

It's very easy, and you can start to use this wonderful gift immediately.

The practice of this meditation will improve your life in many ways, physically and spiritually.

This meditation connects you with God and his unlimited energy.

Receive God's energy and all the other gifts God has prepared for you!

To use this precious gift it does not matter whether you are a Christian, Jew, Muslim, Buddhist or Hindu... You could be an *atheist*. If you use this meditation you will benefit.

Just be aware that if you do not believe in an existence of God yet, you might become a believer when you meet God in meditation! If you are ready to take that risk, then come on and join us!

In addition to this great gift, you receive with this brochure an overview and information on how to go deeper into the practice, and ultimately, to reach Christ Consciousness!

If you are interested in achieving Christ Consciousness, I encourage you to do all the steps introduced here, and I am happy to support you as well as to provide the knowledge and instruction you'll need.

Now you are invited to unpack your gift and start a journey that will lead you into good health, happiness, inner peace, salvation, the purpose of your life and Christ Consciousness! You will find out who you really are, what your true calling in life is, and surely, you will meet God.

How far do you want to go?

It all starts with the first steps. Enjoy reading this introduction and overview, and start to practice. The doors are wide open, and you decide how far you want to go.

God bless you!



“I invite you to meet God in Christ Consciousness!”

Ma Nithya Sudevi



Christ Consciousness

Do you yearn for happiness and everlasting inner peace?
Do you want to really experience God?
Do you want to see mankind living in Peace and Unity?
And more...?

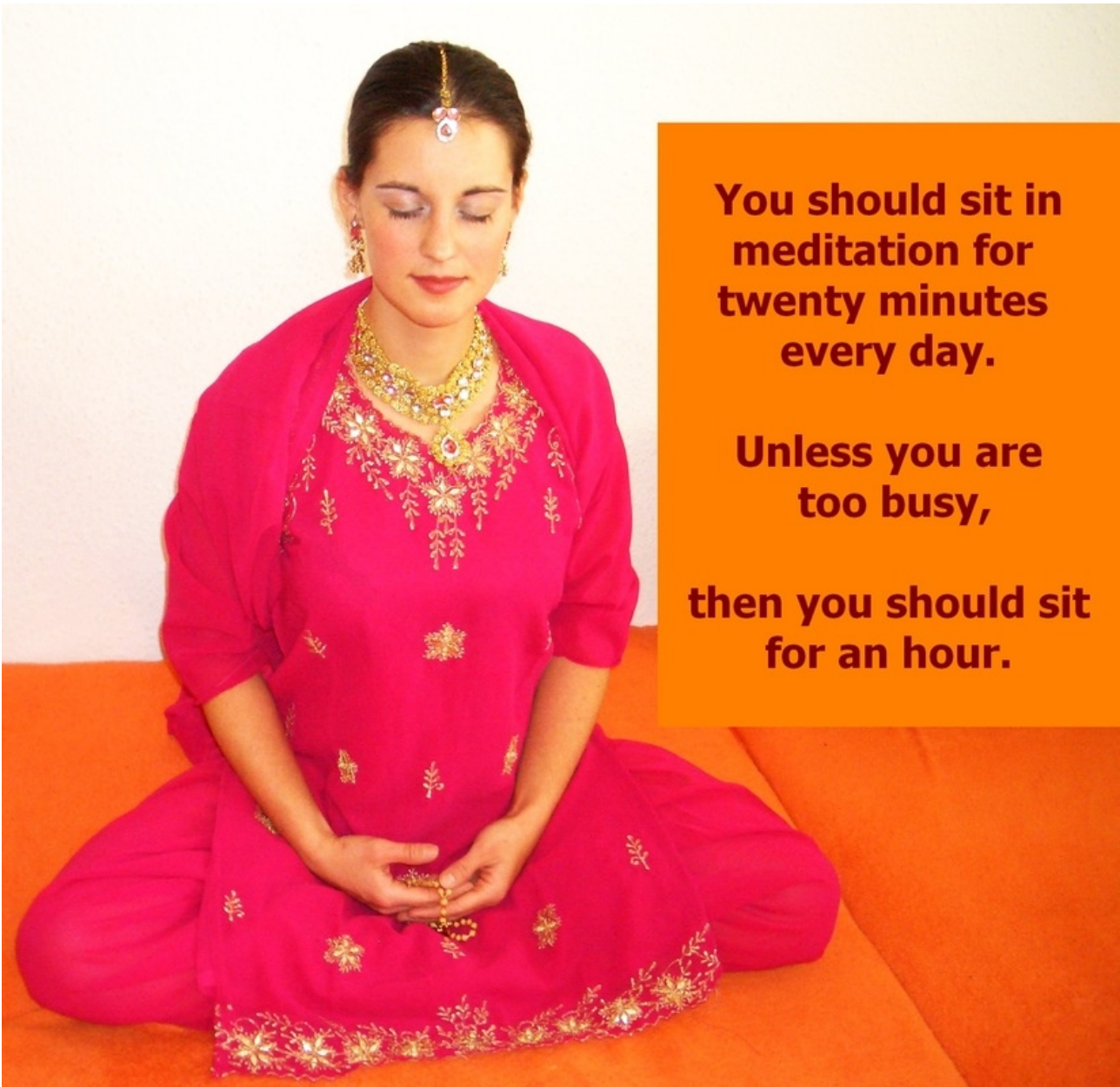
God has the answer to all these noble desires, and God is the source of all great things.
God, alone, provides all great gifts!

One of the greatest gifts God is providing is Christ Consciousness.
Christ Consciousness will change everything!

In this consciousness all your wanting ends, and your real being begins.

Are you ready to reach your full potential?
Are you ready to become who you really are? Are you ready to live in bliss?

When you achieve Christ Consciousness, you will experience all this and much more.



**You should sit in
meditation for
twenty minutes
every day.**

**Unless you are
too busy,**

**then you should sit
for an hour.**

(Jesus Yoga Teacher Dunja)

TCM: Transcendental Christian Meditation

Transcendental Christian Meditation is based on techniques that have been in use for millenia. Practiced by Abraham, Job and many prophets and leaders of the Old Testament.

Jesus included and perfected these techniques and then taught them to His disciples.

It has been recorded that Jesus taught much wisdom and many practices to His apostles. In turn, they passed this knowledge down from generation to generation, utilizing the age old methods of initiation and consecration, from teacher to student, along the apostolic succession.

The line of Saint Mark has been very active in practicing and preaching this sacred knowledge. Mark was one of the twelve apostles best known for his written word, the Gospel of Mark in the Bible.

Saint Mark went to Egypt, and there taught the sacred knowledge and mystical techniques Jesus had shared with him. Many who learned from Mark then sought the solitude of the desert to practice and build up the system of Christian meditation. They are known as the "Desert Fathers."

These Desert Fathers were hermits, ascetics, and monks. They lived mainly in the Scetes desert of Egypt beginning around the third century AD. The most well known was Anthony the Great, who moved to the desert in 270–271, where he became known as both the father and founder of desert monasticism. By the time Anthony died in 356, thousands of monks and nuns had gathered to live in the desert to follow Anthony's example. His biographer, Athanasius of Alexandria, wrote that "the desert had become a city." The Desert Fathers had a major influence on the development of Christianity, and much of this influence is due to the strength of their prayers, which were greatly reinforced by the power of meditative awareness.

The desert monastic communities that grew out of the informal gatherings of hermit monks became the model for all subsequent Christian monasticism. They spread the knowledge and techniques that they had perfected in the desert worldwide.

The eastern monastic tradition at Mt. Athos and the western rule of St. Benedict were both strongly influenced by the traditions that began in the desert. Both of these groups, which thrive even to this day, continue to practice the holy techniques that began with Jesus, were shared by Mark, and eventually reached the students (near and far) of the Desert Fathers. Around Mount Athos monks built 20 monasteries and established on their peninsula their own cloistered republic! All who reside there practice Christian meditation.

In Russia, the Starrets are well known. They are venerated advisers and teachers whose wisdom stems from God as obtained from ascetic experience and the meditation practise.

All of the monastic revivals of the Middle Ages looked to the desert for inspiration and guidance. Much of Eastern Christian spirituality, including the Hesychast movement, had it's roots in the practices passed down by the Desert Fathers.

These spiritual techniques have been used all around the world.

The following Saints, who lived from the 4th to the 15th century, wrote books about the Christian meditation techniques:

St. Isaiah the Solitary, Evagrius the Solitary, St. John Cassian, St. Mark the Ascetic, St. Hesychios the Priest, St. Neilos the Ascetic, St. Diadochos of Photiki, St. John of Karpathos, St. Antony the Great, St. Theodoros the Great Ascetic (Theodore of Edessa), St. Maximos the Confessor, Thalassios the Libyan, St. John of Damascus, A Discourse on Abba Philemon, St. Theognostos, St. Philotheos of Sinai, Theophanis the Monk, St. Peter of Damascus, St. Symeon the Metaphrast, St. Macarius of Egypt, St. Symeon the New Theologian, Nikitas Stithatos, Theoliptos, Metropolitan of Philadelphia, Nikiphoros the Monk, St. Gregory of Sinai, St. Gregory Palamas, Kallistos and Ignatios the Xanthopouloses, Kalistos Angelikoudis, Kalistos Tilikoudis (presumed the same as Kalistos Angelikoudis), Kalistos Katafygiotis (presumed the same as Kalistos Angelikoudis), Saint Simeon Archbishop of Thessaloniki, Saint Mark the Gentle, Saint Simeon the New Theologian, St. Gregory of Sinai, St. Maximos Kapsokalivis

And additional teachings are available in the works of:

St. John of the Cross, St. Theresa of Avila, St. Hildegard of Bingen

Chosen people cultivated the techniques and passed them on from teacher to student, from generation to generation.

And right here and now, you can receive these techniques. Let them change your life!

You receive in this brochure an explanation of the basic practice.
It's very easy, and you can start to use this wonderful gift immediately.





Jesus Yoga

YOGA means 'WAY.'

Jesus Yoga refers to the way that Jesus really is.

As the Christed One said:

"I am the way and the truth and the life. No one comes to the Father except through me." John 14:16

So Jesus Yoga is the way to God. Jesus Yoga leads you into Christ Consciousness.

Jesus Yoga contains

- 1) The practice of Transcendental Christian Meditation**
- 2) The practice and achievement of the 12 Steps (see below)**
- 3) Initiations and the Sacraments**
- 4) The Cross Relic... and more!**

**But why do we use the word "Yoga" instead of the word "Way"?
And why do we use all these other words that seem un-Christian?**

When we think of yoga and meditation, the image that comes to mind is almost always that of a Hindu, Buddhist, Jain, Sikh or Shamanic sage. Rarely do we equate meditation or mastery of breath and movement with Christianity. Yet, the saints listed above were all masters of Jesus Yoga. How do we know? Because each and every one of these holy lovers of God wrote about the blessed technique. So we use the word Yoga to make known that it is available in Christianity, too, and to break down walls that separate us.

The second very important reason is that in Christ Consciousness, a great Unity of all the children of God will happen!

It might be very surprising to many (especially to many Christians!) that there is a huge movement in *Hinduism* to reach Christ Consciousness. And by using the words we use we create a bridge to Unity in our language. By understanding what this is all about and speaking the same language, we start to understand each other.

Jesus Yoga is the Yoga of Christ Consciousness.

It is the meeting of east and west, meditation and prayer, action and surrender.

Jesus is the way, the truth and the life... and He invites you to join him, and by joining him, become one in his consciousness; the consciousness of God. Jesus Yoga is the way our Lord Jesus Christ himself has given us, through which we can reach God.

Now you are invited to take your first steps!



The 12 Steps



This is an introduction and overview of the 12 steps we need to achieve.

Step 1 - Free Yourself

**We cannot create the purpose of our lives ourselves.
Therefore, we can not find true satisfaction in the world.**

Some people are looking for it in clubs, through taking drugs, at work, in sports, entertainment, or with other people. But we do not find the purpose of our lives and the true inner satisfaction we all innately seek outside of our own hearts and souls.

We project our personal wishes onto other people or things, and we compensate. If we are just driven by our own ego, shallow satiation feels like enough for a while.... But after some time we notice that we were in love with our projection and not with the person, or our new car, or a high tech mobile phone, or whatever we bought. We accept the fact that we always hunt for our own illusory desires and never find what we are looking for.

We have to free ourselves from chasing these phantoms, and we have to free ourselves from the bondages and expectations society forces on us.

We need to start to find out who we *really* are, and what life is really about.
We need to change our lives and make this the top priority!

Make the decision to find out who you really are, then be ready to make the necessary changes in your life.

Step 2 - Understand that we are created and that we have a purpose.

God is our Creator.

God loves us and has a plan for each and every one of our lives.

"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." John 3:16

Jesus says: "I am come that they might have life, and that they might have it more abundantly." John 10:10

This plan that God has for each of us is called a calling or a vocation. The same word that we might use with regard to a profession. To be called or to receive a vocation always implies that there is somebody who calls us. Only if we take the place or answer our calling that God created for us, will we fulfill our destiny and experience happiness and fulfillment.

Anything else an unfulfilled and meaningless life!

If you were a racing car you would not feel comfortable in a stony environment with water trenches and steep hills. Flat tyres and breakages of the whole axle would be the result. But if you are revving up on the racing track everything changes. You are in your element. Joy, pace and everything falls suddenly into place and runs smoothly, and even if the course leads at times into sharp curves, you know that you are in the right place. It is the same for the jeep that would be hopelessly lost on the race course but would suddenly realize his destiny and fulfillment in conquering rugged terrain. A destiny that both have received from their manufacturer, or, 'creator.' And something else is important: If the owner does not refill the tank regularly, then the energy and motor will soon be used up, resulting in a standstill. (Note: God's energy is our fuel!)

Step 3 - Understand the separation from God

We need a connection to God, but man is sinful, and therefore separates himself from God.

"For all have sinned, and come short of the glory of God"
Romans 3:23

"But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear."
Isaiah 59:2

Man was created to live in the union with God but man decided to follow his own will and so came the separation from God about. (Described in 1 Moses 3)

We ourselves cannot overcome this distance to God, there is only one way back to God.

Step 4 – Jesus, The Way To God

"I am the way and the truth and the life. No one comes to the Father except through me."
John 14:6

Jesus Christ died for us on the cross. Through his sacrifice we can receive forgiveness of sins and salvation.

"But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us."
Romans 5:8

"For I delivered unto you first of all that which I also received, how that Christ died for our sins according to the scriptures;
And that he was buried, and that he rose again the third day according to the scriptures:
And that he was seen of Cephas, then of the twelve:
After that, he was seen of above five hundred brethren at once " 1
Corinthians, 15:3-6

Through Jesus' sacrifice that has washed away all our sins, we can reach salvation and the union with God. We simply have to accept this free gift from Jesus.



Step 5 - Accept the gift Jesus is offering to you!



We cannot earn salvation through our own deeds.

"For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast."
Ephesians 2:8-9

But Jesus wants to give us a gift and He is already standing in front of our door, waiting:

"Behold, I stand at the door, and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me."
Revelation 3:20

"But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name"
John 1:12

Do you want to be a child of God and live in the love of God?

Then accept the gift of Jesus Christ and let Him take you by your hand and let Him lead you to God because: "Jesus is the way, the truth, and the life: no man cometh unto the Father except through him" John 14:6

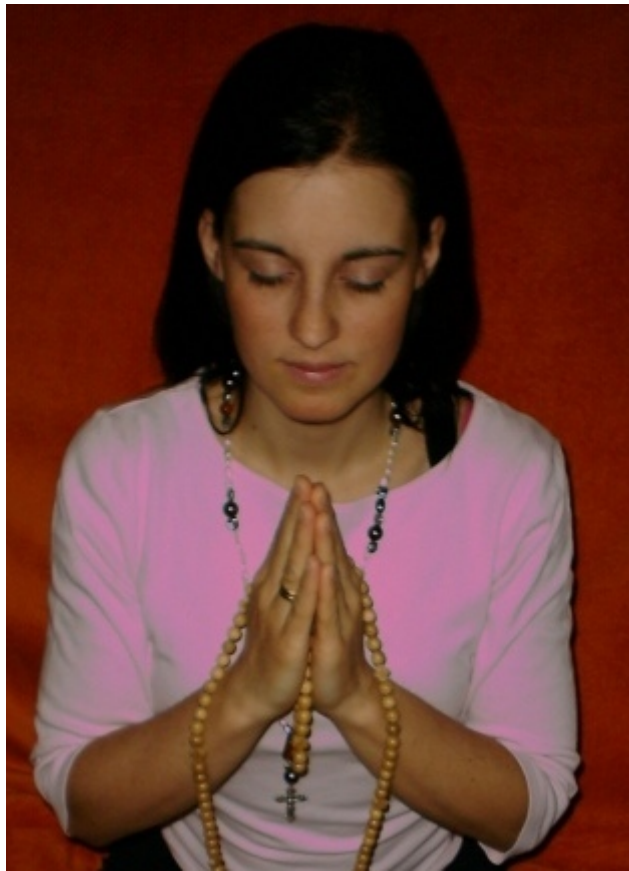
How does that work?

Jesus died, but also resurrected! We must accept Him in faith as Our Lord and King:

Romans 10:9-10 King James Version (KJV)

"That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation."
Romans 10:9-10

Make a decision that will change your life forever!
With a prayer you can accept this precious gift right now:



With this prayer you will be forgiven all your sins, you will receive salvation, support and eternal life, simply say it:

'God, my life has not taken the shape as you had laid it out for me. I was looking for satisfaction, recognition and for the purpose of my life, but I did not find it anywhere. Now I know that all I have looked for is really You. Without your love, care and strength, I am nothing and my life is without deep meaning. It is You who gives my life a purpose and who entrusts to me a wonderful calling. This calling is the holy purpose of my life. God, I want to return home to you and finally fulfill my holy role, and to find fulfillment in Your love.

Jesus, you have died for the forgiveness of all sins on the cross. I herewith accept this precious gift from you. Thank you for the sacrifice of your life for the salvation of mine. Jesus, please come into my life and lead me. Take me by the hand, lead me back to God, and show me the destiny of my life.

AMEN'

Step 6 - The Sacraments

It is important to understand that you have not reached your destiny yet, but you are standing at the beginning of a wonderful path. There are people who are now coming to a standstill and think that they have already reached the goal, but God has prepared many more wonderful stops along this sacred journey.

"For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them."
Ephesians 2:10

To accept Jesus as Our Lord, does not simply mean to say 'Lord' to Him, but to truly accept Him as Our Master and to follow Him, and therefore surrender to the will of God:

"Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven." Matthew 7:21

But what is the will of the Father?

Now it is important to learn more about the foundation of Christianity, that we may understand and implement it. And then to follow our own calling of God and to discover our very own place in His kingdom.

And here we find out, what is important for our salvation and what is the Will of God:

Baptism with Water and Fire:

There are two kinds of baptism: That with water and that of the Holy Spirit. They can be done at the same time, but they don't have to be done together.

"Jesus answered, Verily, verily, I say unto thee, Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God". John 3:5

Holy Communion:

"Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. Whos eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day." John 6:53,54

It is clearly said that the eating and drinking of flesh and blood of our Lord Jesus Christ now leads to eternal life and to the resurrection on Judgment day.

These are the two most important focal points of Salvation!

Steps 7+8: Grow, Learn and Use what you've Learned

For everyone who has accepted all this, it is important now to learn and to grow spiritually, and to follow the will of God. We are then nurtured by other Christians and encouraged to share and pass on what we have been given.

Steps 7+8 are presented together because we will never cease to learn and we are always called to practice and share what we have learned.

It is a danger to think one first has to understand everything and one has to know everything, before we can get active. And it is also not enough only to understand something; we must live the teachings as integrated parts of our lives.

It is also wrong to say that one cannot actively enrich others just because God has not yet revealed one's life plan!

God gave us this general command to spread the Good News:

"Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."" Matthew 28.18-20

We are all called to be part of spreading the knowledge about the Way to God! We begin therefore to grow and to use the gifts and skills that we have received from God for the kingdom of God. At the same time we continue to learn and to develop our skills. God always guides us in all our movements and in our pace. Be active in as many areas as possible, support other people and projects in their mission and learn from them. Christendom is a concept of fellowship. You will find that through your own development and growth in the general calling you will grow steadily into your own personal calling.



Step 9 - Recive your purpose and true identity from God

And finally God will reveal to us His plan for our own lives, our own personal destiny, and the place prepared in the Kingdom of God:

"For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others. We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully."

Romans 12, 4-8

"so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it. And God has placed in the church first of all apostles, second prophets, third teachers, then miracles, then gifts of healing, of helping, of guidance, and of different kinds of tongues."

1 Cor 12, 25-28

"And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers;

For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ"

Eph. 4, 11-12

If we do not know our calling yet, we must long to get to know it and when we know it, we must thrive on fulfilling it.

God will give you these visions when you are ready to perceive them.
Grow into your calling!

Step 10 - Preparation for the calling of God.

This preparation is of course dependent on the nature of your calling and is therefore different for every person.

If God says that you have to go to a certain country as a missionary, it will be part of the preparation to learn the language of that country, to build up a support network there, etc. If your calling is to care for the elderly in a nursing home, and to guide them in their last phase of life, then you need a training that prepares you accordingly.

Also, to be active as a doctor, businessman, teacher or scientist for God, you need a special degree or university course.

Of course, it makes a lot of sense to know one's calling before we begin a training or university degree.

It is therefore important to counsel young people not to learn something only for the worldly reason of getting a paycheck. Also, personal development is far more important than professional training! Professional are often easy to develop, but personality is a fragrant gift given by God. God wants to see blossom!

It is important to understand that there are callings that are meant to be applied within a parish and then there are those outside a parish. Some are destined to become priests, and of those some are called to build parishes, and others are called to do mission work and again others to work in the labour markets, etc.

May you be open and ready to hear your calling!

Step 11 - Living God's Will (Our Calling)

When the preparations are complete, the life of our calling from God begins.

It is the purpose of our own life that we have received as a gift from God, and again we have to go through various stages

The beginner focuses on the start-up, the next one has built something already, and is networking with others.

Then there are those who preserve and build on past achievements, who will introduce and teach others the ways of God.



Step 12 - Realizing Christ Consciousnes!

This step is a state of being.

After one has passed the period of planning and building, the plan becomes more and more clear. and things start to run by themselves. At the same time, one's perspective is widening and one starts to see and understand in different dimensions.

This might sound very abstract, and in fact, at first, it really is. Here is an analogy to make it more understandable:

When someone starts to learn how to ride a bicycle the person is really busy with holding the balance and all the movements that are necessary. Each detail is keeping the brain busy. But once one has learned to ride the bicycle, the coordination of balance and movements happen automatically without even needing to think of them. This leaves the mind wide open and free to focus on reaching a goal or enjoying the environment - both of which are almost impossible when first learning.

Awakening into Christ Consciousness is also like learning to play a musical instrument. One first has to learn the notes and scales, then to coordinate the fingers and relate them to the notes. Later, though, one no longer needs to think about how to move the fingers to make this sound or that sound. A fluent musician simply thinks the music, and it happens.

Realizing your full potential and rising into this higher state of being is like riding a bike or playing a musical instrument. It becomes a part of you. It doesn't require focus, thought or effort once you're there, but will add unimaginable expansion to you.

This leads to targeting elevated goals. Truly, as any master will tell you, life begins with this state. The technical state is left behind and the creative state begins. In our allegory that means that our music that is in ourselves can now evolve and be expressed. And through this creativity one can reach true inspiration. One becomes the instrument with which the Creator plays His Divine music. The state I am describing is the Ultimate State.



The Cross Relic

A cross relic is a part of the True Cross.
The True Cross is the cross on which Jesus was crucified.



The reliquary contains parts of the True Cross which are guarded now by Bishop Ralph Napierski.



Here you can see the certificate of authenticity (COA) of the True Cross relics, issued by the Latin Patriarch of Jerusalem, Luigi Piavi, the Grand Master of the Knights of the Tomb. (OESSH)

On the cross, Jesus made the ultimate sacrifice that is enabling us to receive salvation. It is under the True Cross where unity will happen.

This one place under the True Cross is the place where unity and the the new pentecost will happen.

Each relic is a part of the Holy Cross and is a transportable place. The place "under the cross".



Whenever it is possible, we must meditate in the presence of a cross relic to grow and to reach Christ Consciousness.

In 2013, Bishop Ralph Napierski visited the Basilika Santa Croce in Jerusalem, in which parts of the True Cross -including the Titulus- are guarded:



Already the first Christians guarded the knowledge about the holy places, where Jesus Christ worked during His ministry. This knowledge was continuously passed on and is part of the living tradition of His church.

Already the apostle Paul traveled with a delegation of the Greek congregation to Jerusalem Anno Domini 57 and they visited the places and relics of Christ. Since then, many Christian pilgrimages have been witnessed and documented.

Bishop Meliton of Sardes (Minor Asia) came to visit Jerusalem Anno Domini 160, and when Alexander of Cappadocia (a disciple of Clemens of Alexandria) visited the holy sights in Jerusalem to pray there in A.D 212 the joy of the local Christian community was so great that they did not let him travel home but spontaneously chose him as their bishop. The Church Father Origenes came in the years 215 and 230 to visit and for research.

In the year 325 Makarios, Bishop of Jerusalem in Nicea, met the emperor Constantine. Bishop Makarios told the emperor about the places of Christ's passion (Golgotha, the place of Christ's Crucifixion and the tomb of Christ), which the emperor Hadrian let fill up with soil and then had a temple for Aphrodite built on it.

Emperor Constantine ordered to remove the temple that had been erected by Hadrian over Golgotha and over the holy tomb.

Furthermore, there were to be built a beautiful mausoleum above Christ's tomb and over Golgotha a monumental basilica.

Constantine declared these projects top priority and sent his mother, the empress Helena, who had been a Christian since A.D 312 and who had been told in a dream that she was to find the True Cross of Jesus Christ.

The project started immediately in the same year of 325. When the soil that had been piled up by Hadrian was removed in the presence of empress Helena, the mother of Constantine, the grotto (cistern) was also discovered, in which the true cross of Christ was kept together with the sign that said 'Jesus of Nazareth, King of the Jews', three nails and the two crosses of the two criminals, who had also been crucified at the same time. Today the grotto is now underneath the church of the tomb.

Later the cross was parted into many parts and some parts have been given to Bishop Ralph Napierski.

Now we are making available relics of the true cross for mankind.

We spread small parts of the True Cross on which Jesus Christ has been crucified.





The relic is saved inside molded metal to be prevented from any destruction for the next centuries to come.

The theca is designed to fit into a reliquary.

Certificate of authenticity

On the backside of the theca is a wax seal.

The amount of relics existent is, of course, very limited. Please only apply for one if you really want to use it for meditation practice, and are willing to make it available for others too.

Initiations and Sacraments

I am an Apostle, a Catholic Bishop under the primacy of the Pope and I am in union with the Roman Catholic Church.

The apostles are sent by Jesus Christ himself to prepare God's people:
"It was he who gave some to be apostles... to prepare God's people for works of service, so that the body of Christ may be built up" Eph 4:11-12

The Bible is the word of God, it is written by God himself and it contains all information that is needed. There would be much more to tell and the bible itself states in John 21:25:

"Jesus did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written."
But this is not only about knowledge. It is about transformation. It is NOT like: "Read, think, have good ideas and this will change you and save you."

**The apostles are sent to teach and to give initiations and sacraments.
The apostles not only inform, but also *transform* people to become who they are really are ment to be.**

Jesus did send the apostles out, to install a system of discipleship: Mathew 28:19-20
"Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit,
and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

And some of the disciples are called to also become apostles and pass on what they recived to the next generation (2 Tim 2:2):
"And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others. "

They become consecrated and this is the the apostolic succession.

The apostolic succession is the unbroken chain of consecrations with laying hands on. Jesus Christ did consecrate the apostles that consecrated bishops that consecrated bishops that consecrated bishops that consecrated Bishop Ralph Napierski.

Here is a small exerp and overview over my apostolic succession:



Pope Pius XI appointed Archbishop Thuc as legate on 15th March 1938.



I am also in the apostolic succession line of **Archbishop Pierre Martin Ngo Dinh Thuc** (1897-1984).

Bishop Thuc consecrated **Bishop Roux**.

On the picture you see Bishop Roux together with Pope Benedict XVI in the Vatican at the 23rd Sept. 2009.





Bishop Roux consecrated **Bishop Athanasius**.

Here you can see Bishop Athanasius (right side in the front) celebrating the holy mass at the Vatican on St. Peter's Square together with Pope John Paul II at 22 th April 2001.

And Bishop Athanasius consecrated me.

(If you are interested to track my apostolic succession back over all the centuries back to Jesus Christ then you can: My apostolic succession and the documents are published on my homepage.)

Here you can see me together with my priests in our monastery in Ireland:



Here you can see some members of my Order in our monastery in Ireland:



And here is our monastery in Ireland:



As a catholic bishop in the apostolic succession I am able to give you the sacraments. Especially the baptism with water, the baptism with fire and the holy communion.

In addition to this God gave me the power and authorization to give the initiations and consecrations into Jesus Yoga.

There are different initiations and consecrations.

In the beginning when you start to learn the meditation you can receive an initiation. It is like a powerfull blessing that will let you spiritually grow. This initiation is a prayer and laying hands on.

And in different stages there are more blessings and gifts. It is like giving seeds that will grow in yourself and transform you.

And also I am able to consecrate Jesus Yoga Teachers. This Yoga Teachers are able to teach others the Jesus Yoga and to give the first initiation.

God did start a succession of Jesus Yoga Teachers and did chose me as its beginning. I do not know why he did chose me to start this.

But what I can tell you is that I am the beginning of this and there is no other initiation into Jesus Yoga outside this succession that God started with me.

I did receive this gift and I am here to share it with everybody who is ready to receive it.

And I am looking out to consecrate many teachers that want to share this amazing gift that leads into Christ Consciousness with as many people as possible.



Right now I feel it is important to share more about me beeing an apostle.

Especially people with a Hindu background might now think that I am like a Guru and looking for devotees.

But it is different. I am the one who is sent by God to bring precious gifts. I am not the leader or ruler that many have in mind when thinking about a Guru. I am here to bring the gifts and to serve.

I am a slave and apostle like St. Paul:

“a slave of Christ Jesus, called to be an apostle and set apart for the gospel of God” Roman 1:1

“Though I am free and belong to no man, I make myself a slave to everyone, to win as many as possible.” 1 Corinthian 9:19

“I do all this for the sake of the gospel, that I may share in its blessings.” 1 Corinthian 9:23

I am here to serve you and bring you amazing gifts from God. And I am here to serve and support leaders that God is calling to lead people into Christ Consciousness.



Ma Nithya Sudevi is a leader called by God to lead the world into Christ Consciousness.

Sudevi is giving seminars, holding speeches and building up groups worldwide to lead people into Christ Consciousness.

Slovakia:





Sudevi in London



These are just some examples, and only the beginning of her great work.

The **One In God movement** is growing and growing.

Her main mission is to make this Unity in Christ Consciousness happen. She is really is an amazing Mother of Unity.



Jesus Yoga Teacher Dunja

Dunja is the first Jesus Yoga Teacher in our movement; the mother of the Jesus Yoga Teachers.



Phoebe is the administrator for the online distribution of the relics.



Many more leaders and teachers are needed!
When you hear God calling you to become a leader or teacher in his Kingdom, I am happy to serve you and to provide all the gifts God has prepared for you!

Here is a brief overview over the movement in Hinduism to reach Christ Consciousness

First of all I want to state that this really is only a very brief overview since this movement is huge.



There have been, and *are*, many Hindu saints who work for Unity and give a great example.

Ramakrishna Paramahansa (1836 – 1886)

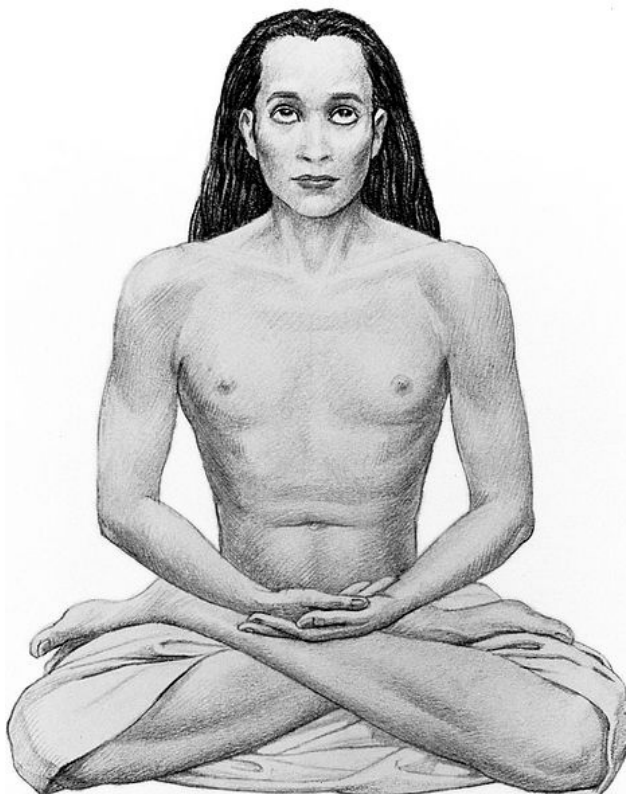
Ramakrishna blazed a trail for future generations to lovingly embrace all faiths. A lifelong devotee of Mother Kali, Ramakrishna held Christ Jesus in high esteem. In order to learn about his 'Christian Brothers,' this great Hindu saint attended church services, read the Bible, and prayed to God in a Christian way, later to confirm for his curious devotees and disciples that yes- the way of Jesus is true.

(Accounts of this can easily be found and read in a plethora of the master's books, and online.)

Mahavatar Babaji

Babaji (whose name means 'Beloved Father' in Sanskrit) founded a 'sampradaya' (or, lineage) of masters initiated to lead people into Christ Consciousness.

He initiated many Masters.





Lahiri Mahasaya

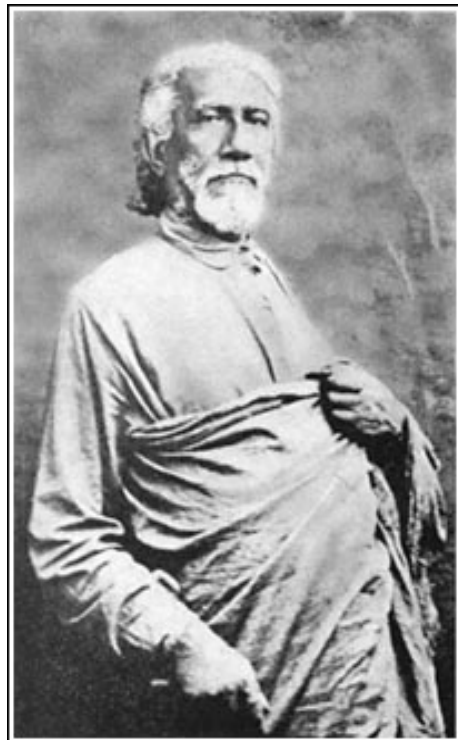
(September 30, 1828 – September 26, 1895) was one of the disciples of Mahavatar Babaji and became a Master.

Lahiri Mahasaya spread the techniques of Kriya Yoga that he received from Babaji and taught his disciples to seek and attain Christ Consciousness.

Lahiri Mahasaya also initiated other Masters.

Sri Yukteswar Giri

(10 May 1855 - 9 March 1936) was one of the disciples of Lahiri Mahasaya who became a Master. He did teach the Christ Consciousness and also initiated other Masters.



Sri Yukteswar is the author of the book "The Holy Science".

The book compares parallel passages from the Bible and Upanishads in order to show the unity in the scriptures of Christianity and Hinduism. It was written in 1894 at the request of Mahavatar Babaji.



Paramahansa Yogananda

(January 5, 1893 – March 7, 1952), was one of the disciples of Sri Yukteswar who became a Master.

He spread Kriya Yoga and taught Christ Consciousness.

Paramahansa Yogananda introduced millions of westerners to the teachings of meditation through his books. His most famous book is "Autobiography of a Yogi".

Yogananda's main mission goals were:

To reveal the complete harmony and basic oneness of original Christianity as taught by Jesus Christ and original Yoga as taught by Bhagavan Krishna; and to show that these principles of truth are the common scientific foundation of all true religions.

To point out the one divine highway to which all paths of true religious beliefs eventually lead: the highway of daily, scientific, devotional meditation on God.

To disseminate among the nations a knowledge of definite scientific techniques for attaining direct personal experience of God.

To teach that the purpose of life is the evolution, through self-effort, of man's limited mortal consciousness into God Consciousness.

With the techniques of Kriya Yoga that he taught, people are able to reach God Consciousness and experience Self Realization.

In 1920 he founded his organisation, the Self-Realization Fellowship, and all over the world people can learn his techniques to enter into a God Consciousness.

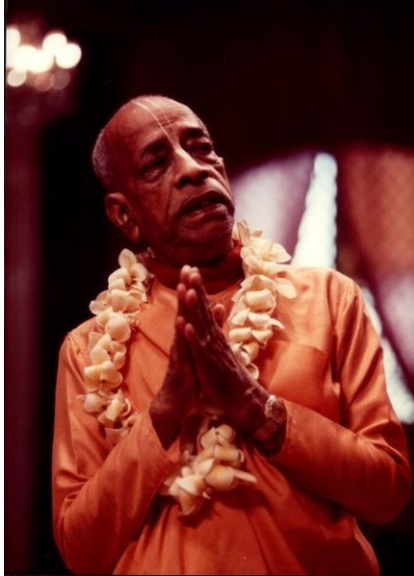
Then Yogananda wrote the book "the Yoga of Jesus" (Compiled from the author's two-volume work, The Second Coming of Christ and The Resurrection of the Christ Within You)

Yogananda did teach Christ Consciousness and offered the techniques to enter a form of God Consciousness.

With this, Yogananda prepared many millions to receive Christ Consciousness through the techniques, initiations and sacraments that are available NOW!

Beside this amazing movement to reach Christ Consciousness from the lineage of Mahavatar Babaji, Lahiri Mahasaya, Sri Yukteswar and Paramahansa Yogananda there are many other movements into Christ Consciousness and God Consciousness.

Very interesting is also the **"Hare Krishna Movement"**



Abhay Charanaravinda Bhaktivedanta Swami Prabhupada

(1 September 1896 – 14 November 1977) was a Gaudiya Vaishnava teacher and the founder-acharya of the International Society for Krishna Consciousness (ISKCON) commonly known as the "Hare Krishna Movement"

His main teaching was the chanting of Gods name to achieve God Consciousness.

*"harer nama harer nama harer namaiva kevalam
kalau nasty eva nasty eva nasti eva gatih anyatha."*

- Brihan-Naradiya Purana 3.8.126 -

"In diesem Zeitalter des Kali gibt es keinen anderen Weg, keinen anderen Weg, keinen anderen Weg der zu Befreiung führt, als die Heiligen Namen Gottes, als das gemeinsame Lobpreisen der Heiligen Namen Gottes, der Heiligen Namen Gottes, der Heiligen Namen Gottes."

With this he spread the techniques that lead into a God Consciousness and also introduced a part of the techniques that lead into Christ Consciousness.

Also he believed, that already he was leading people in a way into a Christ Consciousness and that Krishna is another name for Christ:

"Actually, it doesn't matter – Krishna or Christ – the name is the same. The main point is to follow the injunctions of the Vedic scriptures that recommend chanting the name of God in this age." (Bhaktivedanta 2003)



King Paramahansa Nithyananda

293rd Mahasanidanam of Madurai Aadheenam

Madurai Adheenam is the oldest Hindu monastery in South India, and its pontiff is called 'Guru Mahasanidhanam.'

The guru mahasanidhanam, or leader, of Madurai Adheenam is the King of Shaivite Hinduism.

He was publicly crowned by his predecessor as a demonstration of his duty and commitment to serve as a spiritual leader to all Hindu people.

King Paramahansa Nithyananda made an announcement on the 17 th January, 2013.

He referred to work that Paramahansa Yogananda did start, and he said that he will take this to the next level now.

King Paramahansa Nithyananda announced the greatest gift he is giving to mankind. A gift that is given to all members of all religions.

This great gift are the Niraahaari Sannyasis including himself.

A Niraahaari Sannyasi is a monk who is living without food.

(That's a very brief and incomplete explanation of course).

And after they die their bodies will stay without decay and radiate energy.

Hindu call this the Samadhi and we Catholics all know about that from the relics of the Saints.

With all this the King did announce the building of the Temple Of Unity for all religions. It is about building the Cosmic Cathedral that Yogananda was talking about.

Every single Niraahaari Sannyasi is one living stone.

And through their practice every single of them is building up the Cosmic Cathedral.

And when they die their body (samadhi) stays and remains the physical manifestation of the temple that is radiating the energy of enlightenment.

This perfectly fits to the Christian part of the temple that is build up out of the living stones that are the Christians that practise the spiritual techniques to reach Christ Consciousness.

"by deep, continuous meditation, making your consciousness a cosmic cathedral for Christ" Paramahansa Yogananda.

Of course this is very theoretical now and this brochure is not the place to explain all this in detail. It is only an introduction into the topic and supposed to give you an overview.

There is a huge movement in Hinduism to achieve Christ Consciousness. And in Christ Consciousness, Unity will happen!

And how you, yourself, can achieve Christ Consciousness is introduced to you in this brochure. To overcome all divisions and find into unity is only possible in God. And when you want to change the world the first step is to start with yourself.

And to make it very practical: **If you meet a Hindu, a great way to already experience unity with them would be to sit down with them and to meditate together with them.**

The meditation of the Jesus Yoga is perfect for that since complete union will happen in Christ Consciousness.

And also this is very true for the unity of Christianity, too.

God wants all his children to be One and Jesus prays that we all may be One:

"I pray also for those who will believe in me through their message, that all of them may be one, Father, just as you are in me and I am in you. May they also be in us so that the world may believe that you have sent me. I have given them the glory that you gave me, that they may be one as we are one: I in them and you in me. May they be brought to complete unity to let the world know that you sent me and have loved them even as you have loved me." John 17:20-23

But very obviously we christians fail to follow this will of God and we are divided. Many centuries of discussion did not lead to unity. We wont overcome this division by discussion only. It is the Holy Spirit that has to give us understanding and that has to bring us into Unity.

This understanding and unity will happen in Christ Consciousness.

God gave me a vision and showed me how Unity off all Christians will happen.

God wants all Christians to come together under the cross. Literally under the one cross on which Jesus Christ died. And this is the place where Unity will happen. This one place under the True Cross is everywhere where a part of this True Cross is: A Cross Relic.

And when we come together and pray together for unity then the Holy Spirit will be with us.

When we practice the meditation together under the True Cross we will experience Unity.

Also all Christians should celebrate Easter together and espeacialy pray on the Easter Friday under the True Cross!

Many are already working for the Unity.



Here I am together with **Cardinal Turkson**,
President of the Pontifical Council for
Justice and Peace
and member of the Pontifical Council for
Promoting Christian Unity.

But unfortunately many also are fighting against Unity and also everything that is raising the consciousness of people. Many great spiritual leaders everywhere are target of their attacks.

About 2 000 000 000 persons whitessed my last visit in the Vatican and it caused a worldwide turmoil.

Media was abused to create a fake scandal to prevent important secrets from being revealed, and that you can receive one of the greatests gifts: Christ Consciousness

I will give you now some brief information about what happened when I visited Rome and the Vatican.

On Friday, 1st of March, 2013, I arrived in Rome with a delegation of the "Congregation Of Our Lady Of Refuge", a part of my Order Corpus Dei.

On the same day we had the chance to pray in the Sistine Chapel, the place in which same day later the new Pope would be elected.

On Saturday March 2nd the Vatican gave us a church to celebrate mass.

The Capella Santa Monica:



On Sunday March 3rd the we could celebrate a public mass in St. Peter's Basilica!



To preach and celebrate mass in St. Peter's Basilica was something very special for us.

I had the cross relic with me and it was just amazing.

I did feel the presence of the Holy Spirit.

After we celebrated the mass we met many Cardinals and Bishops in the sacristy and had some good conversations.



On Monday March 4th I went into the Vatican together with 3 of my priests to bring some important documents to the Congregation Of Faith.

We have been welcomed by Monsignore Dr. Slawomir Sledziewski (second from left) the representative of Archbishop Müller the head of the Congregation Of Faith:



The entrance of the Congregation Of Faith is right beside the entrance of the hall where the cardinals had a pre-conclave at the same time.

Before we entered the building of the Congregation Of Faith we had a wonderful small talk with Cardinal Sergio Sebastiani.



This picture went around the world together with a crazy story that I was a fake bishop or cardinal that had tried to sneak into conclave to protest against child abuse. And many other stories like that. Worldmedia made this false information their "topnews". Over TV, Radio, newspapers about 2 000 000 000 people received this false information.

Lombardi, the head of the Press Office from the Vatican was shocked that this had happened.

The representative of the Head of the Congregation of Faith, Msgr. Dr. Sledziwski and the Mayor of the Swiss Guard : Kloter William GSP confirmed publicly that we had our meeting in the Congregation of Faith, and everything else was a free invention from the press!

But it was already published all around the world.

Meanwhile some media deleted the wrong informations or corrected it.

Here is an example of Berliner Kurier a main newspaper in Berlin Germany. They corrected the wrong information and published that all of this invented story never happened and that we had the meeting in the Congregation Of Faith:

12 **BERLIN** BERLINER KURIER
FREITAG, 17. MAI 2013

Ralph Napierski sorgte für Schlagzeilen

Jetzt redet der Bischof Klartext

Der Berliner drang nicht ins Konklave ein

Berlin – Bischof Ralph Napierski (40) aus Spandau ging in die Geschichte ein: als Mann, der das Vorkonklave in Rom stürmte. Dabei war alles ganz anders, wie er dem KURIER erzählte.

KURIER: Herr Bischof Napierski, was ist in Rom abgelaufen?
Bischof Napierski: Wir, also ich und drei meiner Priester des Ordens Corpus Dei (nicht zu verwechseln mit Opus Dei, d. Red.), sind am 1. März nach Rom geflogen, um eine von uns gegründete Kongregation, ein Ordensinstitut, anzumelden.

Aufsehen erregten Sie dann am Montag, 4. März ...
 Ja, da sind wir in den Vatikan gegangen und hatten in der Glaubenskongregation ein Treffen mit Monsignore Dr. Sławomir Sledziewski, dem Stellvertreter von Erzbischof Müller, dem Chef der Glaubenskongregation. Ihm haben wir, wie auf dem Foto zu sehen ist, unsere Unterlagen übergeben.

Was ist genau passiert?
 Morgens gegen 9 Uhr kamen wir zum Vatikan und meldeten uns bei der Schweizer Garde an. Zeitgleich mit uns zogen die Kar-

Binäle in ihr Vorkonklave ein. Unser Weg war derselbe, die Gebäude liegen nebeneinander.

Das war's?
 Ja, das war's. Das, was dann durch die Presse ging, war reine Erfindung. Das hat selbst Lombardi, den Pressesprecher des

Vatikans verwundert. Der Stellvertreter des Chefs der Glaubenskongregation Msgr. Dr. Sledziewski und der Mayor der Schweizer Garde Kloter William GSP haben offiziell bestätigt, dass wir das Treffen in der Glaubenskongregation hatten und alles andere freie Erfindungen der


Presse waren. Aus der Glaubenskongregation kam gerade Kardinal Sebastiana heraus. Den haben wir begrüßt. Da sind die Bilder entstanden, die um die Welt gingen.

Dabei haben wir uns nur kurz unterhalten, ein paar Späßchen und ein Foto gemacht.

Dann gingen wir in den Eingang der Glaubenskongregation und haben unsere Dokumente übergeben.

Kannten Sie Kardinal Sebastiani schon vorher?
 Eher nicht. Man hat vielleicht mal den Namen gehört.

Unfortunately most media does just not care and one needs to force them with the court. German court is prohibiting German media to spread the lies that we did enter or try to enter conclave and that we have been arrested or thrown out by Swiss Guard because I was a fake bishop and all these other lies.


Landgericht Berlin

Beschluss

Geschäftsnummer: 27 O 214/13 07.06.2013

In Sachen
Ralph Napierski,

Antragsteller,

- Verfahrensbevollmächtigte:
BZ/DFP Rechtsanwälte,
Zimmerstraße 89, 10117 Berlin.

Antragsgegenpart,

die BILD Digital GmbH & Co. KG,
vertreten durch den Geschäftsführer der Komplementärin,
Aust-Springen-Gründe 45, 10989 Berlin.

Antragsgegenpart,

wird im Wege der einstweiligen Verfügung – wegen besonderer Dringlichkeit ohne mündliche Verhandlung – angeordnet (§§ 935, 940, 942 Abs. 1 ZPO; §§ 823, analog 1004 Abs. 1 Satz 2 BGB i. V. m. Art. 1 Abs. 1, 2 Abs. 1 GG):

(1) Der Antragsgewerber wird bei Vermeidung eines vom Gericht für jeden Fall der Zustellungsfälligkeit festzusetzenden Ordnungsgeldes bis zu 250.000,00 EUR, ersatzweise Ordnungshaft, oder einer Ordnungshaft bis zu sechs Monaten, diese zu vollziehen an einem der Geschäftsführer der Komplementärin, verbieten,

(2) Durch die Behauptungen

a) Der Berliner Ralph Napierski mischte sich am Montag beim Einzug der Kardinele zu einer ersten Generalkongregation vor dem Konklave unter die Purpurträger und gelangte tatsächlich zunächst ins Gebäude;

b) ...

(3) Zu behaupten und/oder zu veröffentlichen:

a) „Schließlich wurde der merkwürdige Schweizer Bischof (gemeint: Ralph Napierski) aber von der Schweizer Garde erkannt und wieder nach draußen gebracht“;


b) „Zusammen mit den Kardinalen schritt er in die Synagoge“;


c) „Zwei Wärtinnen soll der falsche Bischof erkannt haben, er habe Basilica und sei Mitglied der falschen Orthodoxen Kirche“;

d) „Zusammen mit den Kardinalen schritt er in die Synagoge“;

Art.:

Mauck Becker Dr. Hagemaster




Landgericht Berlin

Beschluss

Geschäftsnummer: 27 O 214/13 07.06.2013

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Antragsteller,

- Verfahrensbevollmächtigte:
Rothemann BZ/DFP Rechtsanwälte,
Zimmerstraße 89, 10117 Berlin.

Antragsgegenpart,

die B.Z. Ullrich GmbH,
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Antragsgegenpart,

wird im Wege der einstweiligen Verfügung – wegen besonderer Dringlichkeit ohne mündliche Verhandlung – angeordnet (§§ 935, 940, 942 Abs. 1 ZPO; §§ 823, analog 1004 Abs. 1 Satz 2 BGB i. V. m. Art. 1 Abs. 1, 2 Abs. 1 GG):

(1) ...


(2) Berliner schmutzte sich unter die Kardinele;

(3) Zwei Wärtinnen soll der falsche Bischof erkannt haben, er habe Basilica und sei Mitglied der falschen Orthodoxen Kirche“;

(4) „Zusammen mit den Kardinalen schritt er in die Synagoge“;

Art.:

Mauck Dr. Hagemaster Becker



BZ is not allowed to spread this lies anymore, either.

BILD is not allowed to lie anymore.

These court documents are available on our homepage for those who want to study them. But unfortunately one has to bring each individual media company to court. This is really time and money consuming. And it is very difficult to force the media in all different countries to stop spreading the lies. Everywhere has different laws. If the media would care to spread the truth then the testimony of the Swiss Guard, the Congregation Of Faith and the Pressspeaker of the Vatican would be enough and they all would correct their mistake, but they just do not care.

Also this was not just an "accident". It was an attack against us. Some people inside the church are against unity and they are also against many other good things that are happening. This group that is behind all this and their actions are also the main reason why Pope Benedict XVI stepped back.

That we are starting a huge movement for unity, that we are spreading the cross relics and that we make this precious christian meditation techniques available is something they try to prevent. These people don't want you to receive a relic or the knowledge about this meditation practice. They don't want that you achieve Christ Consciousness. For this reason they attacked us. We know this group and we know many of their members.

A main part in that attack against us had the lies that have been spread by Matthias Kopp the press officer of the German Bishops' Conference. Supported by the head of the German Bishops' Conference Archbishop Robert Zollitsch and also the Secretary Pater Langendörfer SJ.

And also the lies spread by Steffen Förner the press officer of the Roman Catholic Archdiocese of Berlin supported by Cardinal Woelki.

I did meet Cardinal Woelki already at the March 6th in Rome .Two days after his press officer Förner abused media to spread the lies. But Cardinal Woelki refused to speak with me and to correct the lies of his press officer. Cardinal Woelki is deliberately supporting the lies and the attack against us.

More information about this group and why Pope Benedict XV did step back is available on our homepage.

Also these attacks are not the first. On August 20th Bishop Ackermann from Trier also published lies about me. It was on the front page of newspapers and millions got bombarded with the lies of the media. After I involved the court and the police he finally had to take back his lies. He never said he was sorry or something like that.....

This is only to give you an overview about what happened and some background information.

But do not worry we will provide you with relics of the True Cross and the knowledge of the precious christian meditation practice.

We will provide everything you need to achieve Christ Consciousness.

How to start

The daily 20 minutes that will change your life

Instruction:

Sit down (best with a straight spine).

Repeat the following words again and again and again:

**Domine Iesu Christe
miserere mei.**

Do this 20 minutes or more every day.

You can split this 20 minutes in 2 times, chanting in 10 minute segments.

Here is the translation of the Latin prayer, or mantra:

Lord Jesus Christ
have mercy on me.

These words will later unfold many layers of meaning and the Transcendental Christian Meditation will raise your consciousness into Christ Consciousness.

For the beginning it is good for you to just start to repeat these words. You can do this out loud or silently in your mind. You can use a rosary, chotki or mala to count how many prayers you did.

And do 108 or 100. Or you use a watch to count the time. For the beginning it is good that you just experience and start.

When you have the possibility to learn from a teacher or a group leader then use this chance. Also use the chances to meditate in the presence of a teacher and / or the cross relic.

Later the technique will be expanded and you can learn breathing techniques and to connect the prayer to your breath, your heart and many other things that will raise your Consciousness and lead you to God. Also the prayer can be chanted.

But already this basic practice will cause an amazing spiritual growing and you will have great health benefits. It is the start of your journey into Christ Consciousness.

By doing this meditation you also become a part of the worldwide movement to raise the global consciousness which will bring peace and shift mankind into the next level of awareness and unity.

To sit and meditate in the presence of a Jesus Yoga Teacher will be very beneficial for your spiritual growing. Try to meditate as often as possible in the presence of a consecrated teacher.

If no teacher is available to initiate you, we recommend that you use the meditation video on our homepage and meditate together with Sister Dunja.



In the video, you can see the relic of the true cross in the golden monstrance on the right side. The presence of the relic is connecting you with the global network of Christ Consciousness and is enabling you to receive the blessings.

On the left side you see a relic of Saint Paul (a bone / ex ossibus). The presence of the relic is enabling a deep healing processes.

Yogini Dunja is a Jesus Yoga Teacher.

The guidance of Yogini Dunja will transform yourself, and enable you to progress on your path to Christ Consciousness.

Go through the 12 steps, and receive the initiation of a teacher.

Meditate in the presence of the cross relic as often as possible.

Meditate together with others and invite others to learn about this meditation as well.

Become an AMBASSADOR for UNITY and invite others into the movement!

Make it a habit to spread this information.

Give this brochure, together with your testimony, to 3 people everyday, and remember that you bless them with this free gift.

Recive a cross relic!

**Learn more, recive a the initiations,
and build up groups to pray and meditate for Unity.**

And finally, become a Jesus Yoga Teacher.

The meditation and breathing techniques can also be connected with movements and postures called 'Asanas.'



Jesus Yoga Teacher Dunja together with Yoga teachers of different traditions:



Sister Dunja with Elena Brower

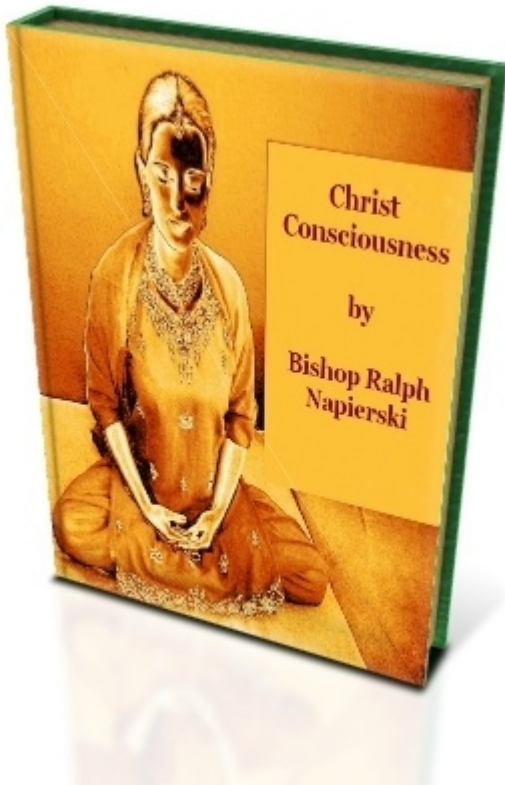


...and Kino MacGregor!

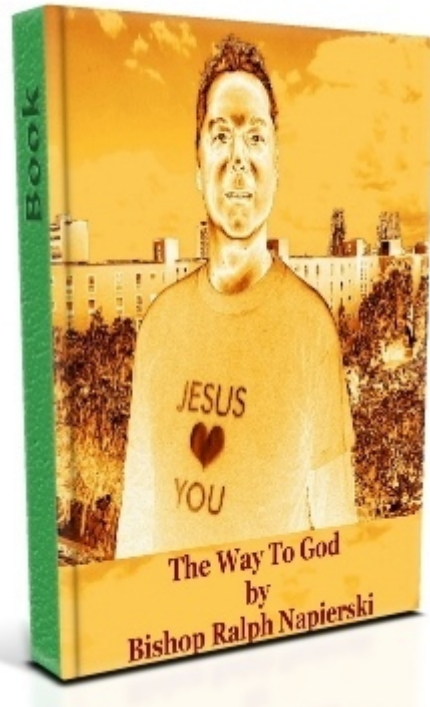
BOOKS and CROSS RELICS

In these books you will find much more information.
All the precious techniques and many explanations.
All the knowledge you need to achieve Christ Consciousness, become a great
Ambassador of unity or a Jesus Yoga Teacher.

CHRIST CONSCIOUSNESS



THE WAY TO GOD



Find out on our homepage when this books will be available
and how to recive them.



Cross Relic

We make the cross relics available for those
who want to use them to reach
Christ Consciousness and Unity.

www.JesusYoga.org



We invite you to start your journey into Christ Consciousness today
and we are happy to provide what you need.
The techniques, the knowledge, initiations, the cross relic and the sacraments.



JESUS LOVES YOU!



CHRIST CONSCIOUSNESS the way to become ONE IN GOD

For the first time in history we make available everything you need to achieve Christ Consciousness.

We provide all the necessary knowledge and initiations.

And also we provide cross relics, parts of the real cross on which Jesus Christ has been crucified.

With this brochure you receive an overview and also the basic technique that will connect you with God and his unlimited energy.

You can start right after reading this brochure!

Bishop Ralph Napierski

Bishop of the Catholic Church, under the primacy of the Pope, and in union with the Roman Catholic Church

Head of the Catholic order Corpus Dei
www.CorpusDei.org

